

THE PRESS & MEDIA KIT

Maria Sainz.

Author · Speaker · Ordained Minister

“Marked by His Love.”

Healing. Identity. Spiritual maturity in Jesus.

RED SEAL MINISTRIES

San Diego, California · mariasainz.com

Press · media · booking · interviews

2026 EDITION



A healed life, not a theory.

The reason producers and pastors keep inviting her back.

Maria teaches from her own story. She was diagnosed with breast cancer, healed on a mission in Brazil, and has spent the years since helping others walk out what she was given. Charismatic in conviction, pastoral in tone — she holds space for both the miracle and the slow work that has to follow it.

“Deliverance is a moment. Formation is the rest of your life.”

MARIA SAINZ



THREE POSITIONING PILLARS

I. Healing

Prays for the sick with expectation and honesty. Tells her own story without overclaim.

II. Identity

Trades performance and approval for the settled ground of who Christ says you are.

III. Formation

Turns a breakthrough moment into the habits, community and Scripture that keep it.



STORY · N° 03

The making of a healed life.

Maria's story, told plainly.

Maria grew up in San Diego, moving through theater, ballet, television and professional makeup artistry. The rooms taught her how to be seen. They never told her who she was.

The search for identity turned into a search for truth. Raised Catholic, she wandered through other religions and gave her life to Christ in a small church in Westwood. Later, in a quiet prayer at a Vineyard church, the Holy Spirit met her in a way she had not asked for and has never forgotten.

She and her husband Rick founded Red Seal Ministries in San Diego to teach what they had received: that a person is sealed, loved and sent by God — and that this changes how they pray, lead and heal.

Then came the diagnosis. Breast cancer. Five months later, on a ministry trip to Brazil with Global Awakening, Maria was healed. She tells the story as her own testimony, not as a formula, and it now sits at the centre of her book and her teaching.

Today Maria writes, teaches and mentors from that same story — and returns to one line: a moment of healing has to become a formed life.

Approved bios,

ready to publish.

FIFTY-WORD BIO

51 WORDS

Maria Sainz is an author, speaker and ordained minister based in San Diego. She co-leads Red Seal Ministries with her husband Rick and wrote *Miracles Still Happen* after being healed of breast cancer on a mission in Brazil. She teaches Christians how a moment of healing becomes a lifetime of maturity.

HUNDRED-WORD BIO

87 WORDS

Maria Sainz is an author, speaker and ordained minister who teaches on healing, identity and spiritual formation. She co-leads Red Seal Ministries in San Diego with her husband Rick, an ordained minister and her ministry partner. Five months after a breast cancer diagnosis, Maria was healed on a ministry trip to Brazil — a story she tells in her book, *Miracles Still Happen*. She now writes, teaches and mentors from that same testimony, and speaks at churches, conferences, retreats and leadership gatherings across the U.S. and abroad.

STAGE INTRODUCTION

*Please welcome Maria Sainz — author, speaker, ordained minister and co-founder of Red Seal Ministries in San Diego. Maria was healed of breast cancer on a mission to Brazil, and she wrote about it in *Miracles Still Happen*. She's here to talk about what faith looks like when the answer comes — and while you're still waiting. Would you welcome her with me?*

FAST FACTS

BASED IN	San Diego, California
MINISTRY	Red Seal Ministries
ROLES	Author, speaker, ordained minister, spiritual mentor
BOOK	<i>Miracles Still Happen</i>
AVAILABLE FOR	Podcasts · conferences · churches · retreats · leadership gatherings · interviews · selected international opportunities
EXTENDED BIO	A long-form biography is available on request via mariasainz.com/contact .

Six signature *messages.*

Each available as keynote, workshop, sermon, panel or interview arc.

01 Miracles Still Happen

What faith actually looks like inside a diagnosis.

Maria tells the first-person story of her breast cancer diagnosis and the healing she received on a mission trip to Brazil — not as a highlight reel, but as a lived theology of hope. Audiences leave with honest language for suffering, a grounded posture toward prayer for the sick, and a fresh confidence that God still moves in ordinary lives.

WHAT LISTENERS TAKE HOME

- An unvarnished testimony of healing that neither hypes nor apologises for it.
- A pastoral framework for praying with the sick without pressure or performance.
- Language for holding faith and fear in the same honest breath.

BEST-FIT AUDIENCES

Women's conferences · healing gatherings · Sunday services · testimony nights

AVAILABLE FORMATS

Keynote · sermon · podcast interview · Q&A

SCRIPTURE FOUNDATION

James 5:13–16 · Isaiah 53:4–5

02 From Performance to Identity

Why so many devoted Christians still feel tired, exposed and never enough.

Maria names the quiet performance patterns Church culture often rewards — and the exhaustion they leave behind. Drawing on Scripture and her own years in ministry, she offers a path from approval-seeking to a settled sense of sonship. The session equips leaders and lay believers alike to trade striving for the steady, formed identity Jesus already gives.

WHAT LISTENERS TAKE HOME

- A clear read on the performance loops that drain modern Christian life.
- A Scriptural picture of identity as gift, not achievement.
- One practice attendees can carry into the coming week.

BEST-FIT AUDIENCES

Leadership gatherings · women's events · discipleship programs · staff retreats

AVAILABLE FORMATS

Keynote · workshop · teaching series · fireside conversation

SCRIPTURE FOUNDATION

Galatians 4:4–7 · Romans 8:14–17

Signature messages, *continued.*

03 Freedom Is a Formation

Why the breakthrough moment isn't the finish line.

Deliverance moments are real — and they are only the beginning. Maria unpacks the difference between an emotional breakthrough and a formed, durable freedom, and walks through the habits and community rhythms that hold new ground over time. A practical, pastoral message for churches that have seen powerful moments but want to steward the days that follow.

WHAT LISTENERS TAKE HOME

- A clear distinction between a deliverance event and a formed life.
- Three formation habits that help freedom take root.
- A discipleship path for the weeks after the altar call.

BEST-FIT AUDIENCES

Freedom & healing conferences · ministry schools · pastoral teams

AVAILABLE FORMATS

Workshop · leadership intensive · sermon · panel

SCRIPTURE FOUNDATION

Galatians 5:1 · John 8:31–36

04 Marked by His Love

The Biblical picture behind the name Red Seal.

What does Scripture mean when it says believers are sealed by the Spirit? Maria opens the imagery behind Red Seal Ministries — the ancient wax seal, the pledge of belonging, the mark of the Father — and shows why identity, not effort, is the ground of Christian maturity. A message crafted for rooms that have heard identity language before and are ready for depth.

WHAT LISTENERS TAKE HOME

- A Scriptural exposition of what it means to be sealed by the Spirit.
- A framework for teaching identity beyond slogans.
- Prayer and reflection tools that anchor the message in daily life.

BEST-FIT AUDIENCES

Church services · conferences · spiritual formation gatherings

AVAILABLE FORMATS

Keynote · teaching series · sermon · retreat session

SCRIPTURE FOUNDATION

Ephesians 1:13–14 · 2 Corinthians 1:21–22

Signature messages, *continued.*

05 Love Triumphs Over Fear

A pastoral response to anxiety that doesn't bypass it.

Fear enters most lives through the same doors — health, family, calling, culture. Maria draws on her own cancer diagnosis to offer a pastoral, honest response to anxiety that neither minimises it nor spiritualises it away. Attendees leave with Scripture, language and prayer they can use in the middle of a hard week — for themselves and for the people they love.

WHAT LISTENERS TAKE HOME

- A map of where fear typically enters and how it takes hold.
- How Maria received peace inside her own diagnosis — without denial.
- Language to give someone walking through a frightening season.

BEST-FIT AUDIENCES

Women's events · healing gatherings · care & counseling teams

AVAILABLE FORMATS

Keynote · workshop · retreat · Q&A

SCRIPTURE FOUNDATION

1 John 4:16–18 · Philippians 4:6–7

06 Activated With Wisdom

Spiritual gifts, grown up.

The gifts of the Spirit are for the whole Church — and they need character around them to stay useful. Maria draws on years of leading prayer and prophetic teams to teach a mature, honest theology of activation: how to steward gifts, welcome correction and disagree with a movement without leaving the Spirit behind. Practical, grounded and pastorally sober.

WHAT LISTENERS TAKE HOME

- A Scriptural case for why gifts and character grow together.
- Guardrails Maria uses when training prayer and prophetic teams.
- A posture for engaging charismatic culture with wisdom and humility.

BEST-FIT AUDIENCES

Ministry schools · prayer teams · leadership training · Spirit-filled churches

AVAILABLE FORMATS

Workshop · leadership intensive · teaching series · panel

SCRIPTURE FOUNDATION

1 Corinthians 12–14 · Romans 12:6–8

Where Maria *fits best.*

A quick screen for organisers, producers and program teams.

IDEAL AUDIENCES

Women's conferences
Church leadership gatherings
Healing & freedom conferences
Christian retreats
Ministry schools
Discipleship programs
Pastoral & prayer teams
Spiritual formation gatherings
Podcasts & broadcast interviews
Mission & testimony programs

AVAILABLE FORMATS

Keynote message
Conference session
Workshop
Panel discussion
Podcast interview
Radio or television interview
Fireside conversation
Question-and-answer session
Leadership intensive
Mentorship or formation session

WHAT AUDIENCES LEAVE WITH

Every room walks out with:

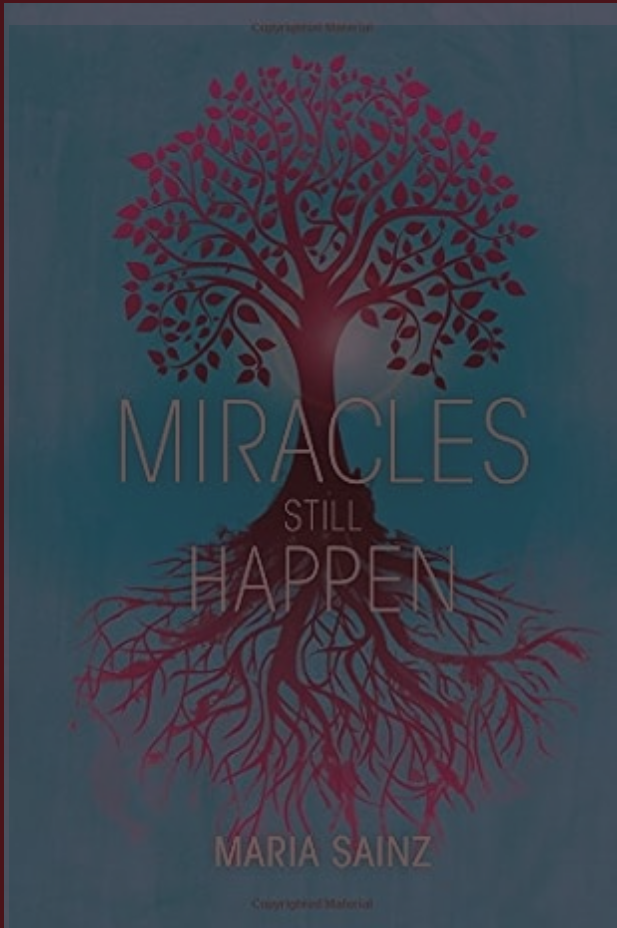
- 01 Hope — a real, God-anchored expectancy for their own story.
- 02 Practical spiritual understanding they can apply the next morning.
- 03 A clearer sense of identity apart from performance or approval.
- 04 Courage to walk through fear, diagnosis or transition with faith.
- 05 Wisdom for stewarding gifts, relationships and calling.
- 06 A pathway toward discipleship, maturity and lasting formation.

Miracles Still Happen.

True stories of what happens when ordinary people ask an extraordinary God.

Miracles Still Happen gathers first-person accounts of prayer, healing and unexpected mercy — including Maria's own journey through breast cancer and the healing she received on a mission in Brazil. It is a book of witness, comfort and courage for readers walking similar roads.

TITLE	AUTHOR
Miracles Still Happen	Maria Sainz
PUBLISHER	FORMAT
Red Seal Publishing	Paperback
RELEASE	ISBN
On request	On request



CONVERSATIONS INSPIRED BY THE BOOK

- | | | |
|---|---|--|
| 01 Holding onto faith during a health battle | 02 The difference between hope and denial | 03 What Maria experienced in Brazil |
| 04 How testimony strengthens faith | 05 Ministering to hurting people without shallow answers | 06 Healing, disappointment and spiritual maturity |

For hosts, *producers.*

Topics, questions and an approved introduction — ready to use.

SUGGESTED TOPICS

Maria's personal healing testimony
Miracles Still Happen — the book
Healing and the love of God
Freedom from performance-based identity
Deliverance and discipleship
Developing spiritual gifts responsibly
Fear, anxiety and Christian courage
Mentorship and spiritual formation
Ministry partnership in marriage
Stories from international mission work

SAMPLE QUESTIONS

- 01 What first led you into a ministry of healing, freedom and spiritual formation?
- 02 Can you take us inside the story behind Miracles Still Happen?
- 03 What actually happened during your mission trip to Brazil?
- 04 How did you hold onto faith through a breast cancer diagnosis without slipping into denial?
- 05 What's the difference between hope and denial in a health battle?
- 06 How do you help people move from performance to a settled identity in Christ?
- 07 Why do you insist that deliverance must lead to discipleship?
- 08 How should believers steward spiritual gifts responsibly today?
- 09 What have you learned about walking through fear and anxiety with faith?
- 10 How does ministering alongside your husband shape Red Seal Ministries?
- 11 What do you hope readers and listeners walk away carrying?
- 12 What's the invitation of the phrase 'marked by His love'?

APPROVED HOST INTRODUCTION

My guest today is Maria Sainz — author, speaker and ordained minister, and the co-founder of Red Seal Ministries in San Diego. Five months after a breast cancer diagnosis, Maria was healed on a ministry trip to Brazil. She wrote about it in Miracles Still Happen, and she teaches from that story — how a moment of healing becomes a formed, mature life.

Red Seal Ministries.

The work Maria and her husband Rick lead from San Diego.

THE WORK

The name points to what they teach: the blood of Christ marks a life as sealed and secure — and that security is where Christian maturity starts.

The ministry runs the RESTORED conference each year in San Diego, online mentorship cohorts, one-on-one spiritual formation, and the Miracles Still Happen book and interviews. Rick provides pastoral covering; Maria carries the teaching.

MINISTRY PARTNERSHIP



Maria and her husband Rick, co-founders of Red Seal Ministries.

Rick provides pastoral covering and shared oversight of the ministry; Maria carries the teaching, book and speaking work.

Invite Maria.

Pick the door that fits. We usually reply within two business days.

01 Book Maria to Speak
*Keynote, breakout or full weekend —
women's, healing, leadership.*

[MARIASAINZ.COM/INVITE-MARIA](https://mariasainz.com/invite-maria)

02 Invite Maria to Your Podcast
*Interviews on healing, identity or the
Miracles Still Happen story.*

[MARIASAINZ.COM/INVITE-PODCAST](https://mariasainz.com/invite-podcast)

03 Request Media Assets
*Bios, photography, logos and the book
cover — approved for print and web.*

[MARIASAINZ.COM/PRESS-KIT](https://mariasainz.com/press-kit)

04 Connect With Red Seal
*Mentorship cohorts, prayer requests
and general questions.*

[MARIASAINZ.COM/CONTACT](https://mariasainz.com/contact)



SCAN TO BOOK

Booking, speaking & interviews
mariasainz.com/invite-maria

SCAN FOR MEDIA ASSETS

Photography, bios, logos & book files
mariasainz.com/press-kit



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TRAVELS FROM

San Diego, California · Domestic & selected international

“Marked by His Love.”